

Tools to Promote and Implement Self Determination Statewide

PURPOSE: The purpose of developing these resources is to provide information which will assist counties in carrying out the implementation of their own self determination initiatives. Based upon lessons learned about what worked and what did not work for the three counties participating in Minnesota's Self Determination Project for Persons with Developmental Disabilities (Blue Earth, Dakota, and Olmsted), the information will be developed to facilitate the introduction of self determination principles and to generate support within other counties.

AREAS TO BE INCLUDED: The following outline identifies some proposed areas for "how tos" that can assist additional counties with implementing self determination. **Are they all needed? Are there other categories to be included? Are there additional, specific parts that should be included within each of the categories? Any comments about materials which exist, or are being developed, which would be appropriate for any of these areas would be most welcome.**

1. Philosophical base
 - a. Mission
 - b. Principles
 - c. Values
 - d. Changes in who has the power
2. Participation
 - a. Identifying/building commitment
 - b. Core leadership: group of committed individuals
 - c. Establish buy-in with the county administrators
 - d. Steering committees/advisory councils
 - e. Building/promoting self advocacy
 - f. Decision making about whether or not to "go forward"
3. Building community connections
 - a. Methods to facilitate
 - b. Redefinition of community (help the wider community define itself)
 - c. Community development (examples of who to connect with)
 - d. Geographic limitations/advantages
4. Basic mechanics
 - a. Frameworks
 - b. Work plans
 - c. Time lines
 - d. System(s) for tracking progress
 - e. Methods to replicate what has been done elsewhere
5. Education
 - a. Potential audiences
 - b. What information, when, and to whom for most "success"

6. Budget/Money Flow
 - a. Individualized budgeting - examples of what counties have done
- how to track an individual's budget
 - b. Mechanism(s) for the money to flow
 - c. Fiscal intermediaries
 - d. Employer/employee - relationship/liability
 - e. Financial risk pool
 - f. Procedures for allocating resources
7. Planning facilitation/service coordination
 - a. Who?
 - b. Role changes
 - c. Methods for person-centered planning
 - d. Training in these methods
 - e. Training to build local resources for ongoing training
8. Quality Assurance - for consumer supports
 - a. Evaluating: 1) Formal supports; and 2) Consumer-directed, informal supports
 - b. Process to individually define quality
AND the implementation of self determination principles
 - c. Self assessment tool
 - d. External evaluative process
 - e. Tracking and reporting
9. Housing
 - a. Resources
 - b. Geographic considerations
10. Transportation
 - a. Non-traditional methods
 - b. Geographic considerations

TECHNIQUES FOR COMMUNICATING: The following formats may be used to communicate information to assist with expanding self determination statewide. **Please indicate any other techniques. Also, identify which ones would be most appropriate for each of the categories.**

1. Examples/Stories
 - a. Stories from individual consumers
 - b. Examples from case managers/service coordinators
 - c. Stories from families
 - d. Stories from providers, including how to accommodate individual service requests
2. Lessons Learned
3. Identify barriers
4. Identify what's allowable under the rule/statutes/standards, etc.
5. Speaking points
6. Identify/develop incentives
7. Health and safety considerations
8. Decision tree
- 9.

SOURCES OF INFORMATION: The following persons or groups may communicate information to assist with expanding self determination statewide. **Please add any others and indicate which one(s) might be best for each of the categories.**

1. Self advocates/Persons with MR/RC
2. Parents/Legal Representatives
3. Advocacy organizations
4. Project county coordinators
5. County administrative staff
6. Case managers/service coordinators
7. Providers involved in the Project and other supports
8. State staff